# Suprapubic Catheter Care

## Purpose

The purpose of this procedure is to prevent skin irritation around the stoma site and to prevent infection of the resident’s urinary tract.

## Preparation

1. Review the resident’s care plan to assess for any special needs of the resident.
2. Assemble the equipment and supplies as needed.

## General Guidelines

1. Observe the resident’s urine level for noticeable increases or decreases. If the level stays the same, or increases rapidly, report it to your supervisor.
2. Should the resident indicate that his or her bladder is full or that he or she needs to void, report it immediately to your supervisor.
3. Check the urine for unusual appearance (i.e., color, blood, etc.).
4. The urinary drainage bag must be held or positioned lower than the bladder at all times to prevent the urine in the tubing and drainage bag from flowing back into the urinary bladder.
5. Check the resident frequently to be sure the tubing is free of kinks.
6. Notify your supervisor immediately in the event of hemorrhage or if the catheter is pulled out.
7. Maintain an accurate record of the resident’s daily output, if indicated.
8. Observe the resident for signs and symptoms of urinary tract infection and urinary retention. Report findings to your supervisor.
9. Empty the collection bag at least every eight (8) hours.

## Equipment and Supplies

The following equipment and supplies will be necessary when performing this procedure.

1. Wash basin;
2. Soap and water;
3. Washcloth;
4. Towel;
5. Bed protector;
6. Drainage sponge (if ordered by physician); and
7. Personal protective equipment (e.g., gowns, gloves, mask, etc., as needed).

## Steps in the Procedure

1. Place the clean equipment on the bedside stand or overbed table. Arrange the supplies so they can be easily reached.
2. Wash and dry your hands thoroughly.
3. Assist the resident into the supine position.
4. Put on disposable gloves.
5. Place bed protector under resident.
6. Wash around the catheter site with soap and water. *(Note: If the resident has a drainage sponge around the stoma site, remove the drainage sponge before washing with soap and water.)* Wash the outer part of the catheter tube with soap and water.
7. Pour wash water down the commode. Flush the commode.
8. Discard soiled linen in designated container.
9. Discard disposable items into designated containers.

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Steps in the Procedure (continued)

10. Remove gloves and discard in designated container. Wash and dry your hands thoroughly.
11. Inspect the stoma site and skin around the stoma for any redness or skin breakdown.
12. Check the urine for color and clarity. Check the tubing for any kinks.
13. Reposition the bed covers. Make the resident comfortable.
14. Place the call light within easy reach of the resident.
15. Clean wash basin and return to designated storage area.
16. Clean the bedside stand and/or overbed table. Return the overbed table to its proper position.
17. Wash and dry your hands thoroughly.
18. If the resident desires, return the door and curtains to the open position and if visitors are waiting, tell them that they may now enter the room.

Documentation

The following information should be recorded in the resident’s medical record:

1. The date and time the procedure was performed.
2. The name and title of the individual(s) who performed the procedure.
3. All assessment data obtained during the procedure.
4. How the resident tolerated the procedure.
5. If the resident refused the procedure, the reason(s) why and the intervention taken.
6. Results of skin assessment around the stoma site.
7. Character of urine such as color (straw-colored, dark, or red), clarity (cloudy, solid particles, or blood), and odor.
8. Any problems or complaints made by the resident during the procedure.
9. The signature and title of the person recording the data.

Reporting

1. Notify the supervisor if the resident refuses the procedure.
2. Notify the physician of any abnormalities in the skin assessment or the character of urine.
3. Report other information in accordance with facility policy and professional standards of practice.

References

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