

Shaving the Resident H5MAPR0251

Purpose	The purpose of this procedure is to promote cleanliness and to provide skin care.
Preparation	<ol style="list-style-type: none">1. Review the resident's care plan to assess for any special needs of the resident.2. Assemble the equipment and supplies as needed.
Equipment and Supplies	The following equipment and supplies will be necessary when performing this procedure: <ol style="list-style-type: none">1. Wash basin or warm water (115°F);2. Razor (electric or disposable);3. Shaving cream or lotion;4. After-shave lotion or powder (as permitted);5. Towel and washcloth;6. Mirror; and7. Personal protective equipment (e.g., gowns, gloves, mask, etc., as needed).
Steps in the Procedure	<ol style="list-style-type: none">1. Wash and dry your hands thoroughly before beginning the procedure.2. Place the equipment on the bedside stand or overbed table. Arrange the supplies so that they can be easily reached.3. Put on gloves.4. If using a safety or disposable razor:<ol style="list-style-type: none">a. Fill the basin one-half full of warm water (115°F). Take it to the resident's bedside and place it on the bedside stand or overbed table.b. If the resident can sit up, raise the head of the bed.c. If the resident is wearing eyeglasses, ask him to remove them. Place them on the bedside stand or overbed table.d. If the resident is a denture wearer, encourage the resident to wear his teeth. This will aid in shaving the resident.e. Spread the towel under the resident's chin.f. Soak the washcloth in the water. Dampen the resident's face with the washcloth to aid in softening the beard.g. Apply the shaving cream. Use a generous amount, as this will eliminate razor cuts, hair pulling, and skin irritation.h. Begin at the sideburns and work downward over the cheek, chin, lips and nose. Keep the skin tight as you shave. Rinse the razor after each stroke.i. Use an upward stroke under the chin and jaws. Keep the skin tight. Rinse the razor often.j. Should the resident become weak or faint during the shave, cease the procedure and summon the staff/charge nurse.k. Once you have completely shaved the resident, rinse the shaving cream from the resident's face. Dry the face and remove the towel from under the resident's chin.l. Dispose of the razor in a designated sharps container. If there is a sharps container designated "For Disposable Razors Only" and that container is outside the resident's room, the razor must be transported to this destination in a puncture-resistant, closed, and marked container.

continues on next page

Steps in the Procedure (continued)

5. **If using an electric razor:**
 - a. Apply pre-shave lotion if desired.
 - b. Plug the razor in and turn to “on.” (**Note:** Do not use an electric razor if the resident is using oxygen.)
 - c. Shave the cheek areas first, then around the mouth, and down the neck last. Encourage the resident to draw skin taut or pull skin taut with free hand. Have the resident tilt head back while shaving neck, if able.
 - (1) For a razor with flat or flexible head, use short up-and-down motion with the grain of beard.
 - (2) For a razor with circular head, use small, circular motions.
6. Apply after-shave lotion or powder as permitted.
7. Reposition the bed covers. Make the resident comfortable.
8. Place the call light within easy reach of the resident.
9. If the resident desires, return the door and curtains to the open position and if visitors are waiting, tell them that they may now enter the room.
10. Remove gloves, Wash and dry your hands thoroughly.

Documentation

The following information should be recorded in the resident’s medical record as necessary.

1. The date and time that the procedure was performed.
2. The name and title of the individual(s) who performed the procedure.
3. If and how the resident participated in the procedure or any changes in the resident’s ability to participate in the procedure.
4. Any problems or complaints made by the resident related to the procedure.
5. If the resident refused the treatment, the reason(s) why and the intervention taken.
6. The signature and title of the person recording the data.

Reporting

1. Notify the supervisor if the resident refuses the procedure.
2. Report other information in accordance with facility policy and professional standards of practice.

References	
MDS (RAPs)	G(1)(j); (RAP #5)
Survey Tag Numbers	F241; F310
Related Documents	
Risk of Exposure	Blood–Body Fluids–Infectious Diseases–Air Contaminants–Hazardous Chemicals
Procedure Revised	Date: _____ By: _____ Date: _____ By: _____ Date: _____ By: _____ Date: _____ By: _____